

Mona Potter, MD

Curriculum Vitae

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Education:

8/1995-5/1999	Bachelor of Music (magna cum laude)	Musical Arts	Vanderbilt University
8/1999-6/2003	MD (Alpha Omega Alpha National Honor Society)	Medicine	Vanderbilt University School of Medicine

Postdoctoral Training:

7/2003-12/2003	Intern	Internal Medicine and Neurology	Newton Wellesley Hospital
7/2003-6/2007	Resident	General Psychiatry	Massachusetts General Hospital (MGH) and McLean Hospital
7/2007-6/2009	Fellow	Child and Adolescent Psychiatry	MGH and McLean Hospital

Faculty Academic Appointments:

7/2009-3/2021	Instructor	Psychiatry	Harvard Medical School
3/2021-7/2021	Assistant Professor	Psychiatry	Harvard Medical School
7/2021-6/2023	Assistant Professor, part time	Psychiatry	Harvard Medical School
7/2023-	Lecturer	Psychiatry	Harvard Medical School

Appointments at Hospitals/Affiliated Institutions:

1/2003-6/2007	Resident	Psychiatry	MGH
1/2003-6/2007	Resident	Psychiatry	McLean Hospital
7/2007-6/2009	Resident	Child and Adolescent Psychiatry	MGH
7/2007-6/2009	Fellow	Child and Adolescent Psychiatry	McLean Hospital

7/2008-10/2008	Fellow	Child and Adolescent Psychiatry	Franciscan's Hospital for Children
7/2009-	Child and Adolescent Psychiatrist	Division of Child and Adolescent Psychiatry	McLean Hospital
2023-	Child and Adolescent Psychiatrist	Psychiatry	MGH

Other Professional Positions:

2015-	Clinical Advisory Board	Mirah, Inc
7/2021-	Co-founder and Chief Medical Officer	InStride Health, Inc

Major Administrative Leadership Positions

2010-2012	Co-founder and Medical Director	McLean Hospital, The Landing Dual Diagnosis Adolescent Residential Treatment
2012-2016	Medical Director	McLean Hospital, 3 East Cambridge Residence
2013-2021	Co-founder and Medical Director	McLean Anxiety Mastery Program
2016-2021	Course Director for School Psychiatry Consultation Rotation	MGH/McLean Child and Adolescent Psychiatry Residency Training Program
2016-2021	Medical Director	McLean Child and Adolescent Outpatient Services
2017-2021	Founder and Medical Director	McLean School Consultation Service
2018-2021	Leadership team	McLean Institute for Technology in Psychiatry (ITP)
2019-2023	Associate Training Director	MGH/McLean Child and Adolescent Psychiatry Training Program
2023-	Associate Director of Division of Professional and Public Education	MGH

Committee Service:

2000-2003	Pediatric Interest Group	Vanderbilt University School of Medicine, Founder and President
2004-2006	Psychiatry Residency Training Committee	MGH/McLean, member
2006-2007	Psychiatry Residency Selections Committee	MGH/McLean, member
2009, 2010, 2015, 2018-	Child and Adolescent Psychiatry Residency Selections Committee	MGH/McLean, member
2019-2021	Institute for Technology in Psychiatry (ITP) Steering Committee	McLean Hospital, member
2019-2021	Institute for Technology in Psychiatry (ITP) Executive Committee	McLean Hospital, member
2019, 2020	Technology in Psychiatry Summit (TIPS) Planning Committee	McLean Hospital, member
2020	Systems Behavioral and Mental Health Planning Outpatient Digital Health Workgroup	Partners Healthcare, Team member

Professional Societies:

2003-2010	Massachusetts Medical Society	Member
2004-2010	American Psychiatric Association (APA)	Member
2004-2010	Massachusetts Psychiatry Society	Member
2005-	American Association of Child and Adolescent Psychiatry (AACAP)	Member
	2008-2009	Resident Representative
	2012-2022	Member, Schools Committee
	2014, 2015, 2019	Sidney Berman Award Selection Committee
2011-2012	American Academy of Addiction Psychiatry (AAAP)	Member
2018-	Anxiety and Depression Association of America (ADAA)	Member
2019-2023	American Association of Directors of Psychiatric Residency Training (AADPRT)	Member

Editorial Activities:

2006	Co-editor	MGH/McLean Psychiatry Residents' Handbook, 2006-2007
2015-2021	Ad hoc reviewer	Journal of the American Association of Child and Adolescent Psychiatry

Honors and Prizes:

1995-1999	Chancellor's Scholarship	Vanderbilt University	Merit scholarship awarded to one student entering Blair School of Music at Vanderbilt University
1996	Alpha Lambda Delta National Academic Honor Society	Vanderbilt University	Academic excellence
1996	Phi Eta Sigma National Honor Society	Vanderbilt University	Academic excellence
1996	Gamma Beta Phi Honor Society	Vanderbilt University	Scholarship, character, and service
1998	Pi Kappa Lambda National Music Honor Society	Vanderbilt University	Academic and artistic achievement
2000	Amos Christie Pediatric Society Summer Fellowship	Vanderbilt University School of Medicine	Awarded to 8 first- or second-year medical students to explore various areas of pediatrics
2002	Alpha Omega Alpha National Honor Medical Society	Vanderbilt University School of Medicine	
2003	American Medical Women's Association (AMWA) Janet Glasgow Memorial Achievement Citation	Vanderbilt University School of Medicine	Awarded to #2 ranked woman in graduating medical school class
2017	Vision of Excellence Award	McLean Hospital	

Funded Projects:

- 2018-2021 Electronic Media and its Application in Psychotherapy
Once Upon a Time Foundation, clinical project
Co-investigator (PI: Ipsit Vahia)
Major Goal: evaluate the role of social media in therapy
- 2019-2021 Virtual Reality to Enhance the Treatment of Pediatric Anxiety
Donor funded, clinical project
Principal Investigator
Major Goal: develop a virtual reality exposure protocol for use with adolescents in the McLean Anxiety Mastery Program (MAMP). We are looking to expand on data supporting the use of virtual reality to treat anxiety in adults and transitional-aged youth.

Unfunded Projects

- 2014-2021 Building an Outcomes Assessment Infrastructure to Assess Youth in the McLean Anxiety Mastery Program (MAMP) at McLean Hospital
Consultant (PI: Jacqueline Sperling)
Major Goals: To develop an outcomes infrastructure in MAMP to examine whether patients in treatment show improvements from admission to discharge compared with patients on the waitlist, and to determine whether these gains are maintained three months post-discharge
- 2018-2021 Acceptability and Feasibility of a School Mental Health Consultation Service
Co-Investigator (PI: Jacqueline Sperling)
Major Goal: To assess feasibility and acceptability of trainings and consultation services provided by McLean clinicians to elementary, middle, and high school faculty and staff

Report of Local Teaching and Training:**Teaching of Students in Courses:**

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| 2008 | Instructor in Child Psychiatry tutorial session
Medical Students | Harvard Medical School MJ700 course in
Child Psychiatry |
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Formal Teaching of Residents, Clinical Fellows and Research Fellows:

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| 2009 | Psychopharmacologic Treatment of Pediatric
Bipolar Disorder
Child and Adolescent Psychiatry Residents | MGH Psychopharmacology Course for First
Year Child and Adolescent Psychiatry
Residents |
| 2009 | Pediatric Bipolar Disorder
Psychiatry Residents | MGH/McLean PGY-2 Child Psychiatry
Course |
| 2010 | Review of Current Evidence on the Treatment
of Pediatric Bipolar Disorder
Child and Adolescent Psychiatry Residents | MGH/McLean Pediatric Psychopharmacology
Course for First Year Child and Adolescent
Psychiatry Residents |

2010	Pediatric Bipolar Disorder: Controversies, Updates, and Treatment Psychiatry Residents	MGH/McLean PGY-2 Child Psychiatry course
2010-2013	Adolescent Addictions Seminar Child and Adolescent Psychiatry Residents	McLean ART
2011	Review of Current Evidence on the Treatment of Pediatric Bipolar Disorder Child and Adolescent Psychiatry Residents	MGH/McLean Pediatric Psychopharmacology Course for First Year Child and Adolescent Psychiatry Fellows
2013	Psychopharmacologic Treatment of Anxiety Disorders Doctoral Practicum Students	McLean Anxiety Mastery Program (MAMP) Brown Bag Seminar
2015	Psychopharmacologic Treatment of Anxiety Disorders Doctoral Practicum Students	McLean Anxiety Mastery Program (MAMP) Brown Bag Seminar
2016	Diagnosis and Treatment of Pediatric Anxiety and OCD Psychiatric Nurse Practitioner Students	MGH Psychiatric NP Program
2017	Eat, Sleep, Move: Impact on Mental Health Child and Adolescent Psychiatry Residents	NYU, UVM, Georgetown Positive Psychology course
2017-2021	Psychopharmacologic Treatment of Pediatric Anxiety Disorders Doctoral Practicum Students	McLean Anxiety Mastery Program (MAMP) Brown Bag Seminar
2017-2019	Psychopharmacologic Treatment of Pediatric Anxiety Disorders McLean clinicians	McLean Anxiety Mastery Program (MAMP) CBT Boot Camp
2018	Eat, Sleep, Move: Impact on Mental Health Child and Adolescent Psychiatry Residents	NYU, UVM, Georgetown Positive Psychology course
2023-	Digital Health Seminar	MGH/McLean PGY-1 Child Psychiatry Course

Clinical Supervisory and Training Responsibilities:

2009-2013	Supervision of 2 nd year MGH/McLean Child and Adolescent Psychiatry Residents	McLean Adolescent ART (Acute Residential Treatment) Program
2010, 2015-2017	Supervision of MGH/McLean PGY-3 Adult Psychiatry Residents	MGH/McLean
2012-2021	Supervision and Training of 1 st year MGH/McLean Child and Adolescent Psychiatry Fellows	School Consultation Rotation
2016-2021	Supervision of staff psychiatrists and psychologists	McLean Anxiety Mastery Program (MAMP)

2017-2021	Supervision of staff psychiatrists and psychologists	McLean School Consultation Service
2017-2021	Supervision of post-doctoral fellows	McLean School Consultation Service
2019-2021	Supervision of 2 nd year MGH/McLean Child and Adolescent Psychiatry Residents	McLean Residential Rotation

Formal Teaching of Peers:

No presentations below were sponsored by 3rd parties/outside entities

2015	Co-facilitator for Negotiations and Conflicts Resolution Seminar (Led by Dr. Dan Shapiro) McLean faculty	McLean Hospital Three 4-hour workshops on 10.7.15, 10.14.15, and 11.3.15
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Local Invited Presentations:

No presentations below were sponsored by 3rd parties/outside entities

2011	What We Know about the Pharmacotherapy of Pediatric Bipolar Disorder after 20 Years / Grand Rounds MGH Psychiatry	
2012	Recreational Drugs: What's in Vogue? / Pediatrics Primary Care Conference MGH and Harvard Medical School	
2018	Afraid to Be a Kid: The Anxiety Epidemic in Children and Adolescents / On Women's Minds Luncheon McLean Hospital	
2014	Afraid to Be a Kid: Anxiety Disorders and Obsessive-Compulsive Disorder (OCD) in Youth / National Council Round Table Discussion McLean Hospital	
2015	How to Make ERP for Anxiety and OCD in Adolescents Engaging, Fun, and Effective / Middle School Through College Mental Health and Education 2015 Conference McLean Hospital	
2015	Building Better Brains in Schools / Middle School Through College Mental Health and Education 2015 Conference McLean Hospital	
2015	Mental Health in Middle and High School / Middle School Through College Mental Health and Education 2015 Conference McLean Hospital	
2016	Enhancing Exposure Therapy in Pediatric Anxiety and OCD / Grand Rounds McLean Hospital	

2016	Immobilized by Fear: The Anxiety Epidemic in Children and Adolescents / Board of Visitors Round Table Discussion McLean Hospital
2016	Anxiety and Depression in Young People: A New Model for Accelerating Recovery / National Council Round Table Discussion McLean Hospital
2016	Mental Health in Middle and High School / Middle School Through College Mental Health and Education 2015 Conference McLean Hospital
2017	Mental Health in Middle and High School / Middle School Through College Mental Health and Education 2015 Conference McLean Hospital
2018	Panel Moderator for Leveraging Social and Electronic Communications in Evaluation and Treatment / 2018 Technology in Psychiatry Summit (TIPS) McLean Hospital
2018	Afraid to Be a Kid: The Anxiety Epidemic in Children and Adolescents / On Women's Minds Luncheon McLean Hospital
2019	McLean School Consult Service: Moving Beyond Hospital Walls /McLean Hospital Research Day Brief Communications McLean Hospital
2019	Innovations in Child and Adolescent Psychiatry / Innovations in Mental Health Care Conference Dr. N.S. Vahia Foundation and McLean Hospital, presentation in Mumbai, India
2019	Moderator for Keynote by Molly Coyne, MD, MPH / 2019 Technology in Psychiatry Summit (TIPS) McLean Hospital
2020	Panel Moderator for Applied Telemedicine and Digital Health in Public Mental Health / 2020 Technology in Psychiatry Summit (TIPS) McLean Hospital
2022	The Growing Trend of Digital Health Start-ups: Tackling the Pediatric Mental Health Crisis / Psychiatry Grand Rounds Invited Presentation Boston Children's Hospital
2023	The Growing Trend of Digital Health Start-ups NECCAP (New England Council for Child and Adolescent Psychiatrists) President's Program: The Business of Child and Adolescent Psychiatry
2023	Pediatric Anxiety and OCD: Treatment Updates Invited to present at Cortica Medical Faculty Meeting

Report of Regional, National, and International Invited Teaching and Presentations

No presentations below were sponsored by 3rd parties/outside entities

2013	60 Years of Child and Adolescent Psychiatry in Educational Systems: Old School, Now School, New School / Invited presentation American Association of Child and Adolescent Psychiatry (AACAP) 60 th Annual Meeting Orlando, FL
2019	Flexible Evidence-Based Treatments for Depression and Anxiety in Schools: Implementation, Challenges, Innovations, and Future Directions / Roundtable discussant (selected abstract) Anxiety and Depression Association of America (ADAA) Annual Meeting Chicago, IL
2019	Acceptability and Feasibility of a School Mental Health Consultation Service / Symposium discussant (selected abstract) Association for Behavioral and Cognitive Therapist (ABCT)53 rd annual Conference Atlanta, GA
2020	Innovations in Treatment of Pediatric Anxiety Disorders / Invited Speaker 2020 Anxiety and Depression Association of America (ADAA) Virtual Fall Forum
2021	Falling Down and Getting Back Up: Normalizing Experiences of Failure in Your Career Roundtable discussant in simu-live session Anxiety and Depression Association of America (ADAA) Virtual Annual Meeting
2021	Fostering Resilience in a School Setting: Perspectives on Implementing Evidence-based Practice/Roundtable discussant in OnDemand session Anxiety and Depression Association of America (ADAA) Virtual Annual Meeting
2022	Member Services Forum: Addressing the Child Mental Health Crisis and Mental Health Inequities Through School Consultation: Equipping Child and Adolescent Psychiatrists with a School Consultation Toolkit / Breakout group leader American Association of Child and Adolescent Psychiatry (AACAP) 2022 Annual Meeting
2023	Delivering DBT in Schools / Invited Speaker Anxiety and Depression Association of America (ADAA) Annual Conference, Washington DC
2023	Clinical Applications of Digital Technology / Invited Speaker Anxiety and Depression Association of America (ADAA) Annual Conference, Washington DC
2023	Clinical Perspectives: All in the Family: Improving Youth Mental Health Through Novel Models of Family-Centered Care American Association of Child and Adolescent Psychiatry (AACAP) 2023 Annual Meeting
2024	Innovations in Telehealth Exposure Therapy: Expanding Boundaries for Clinical Success Anxiety and Depression Association of America (ADAA) Annual Conference Boston, MA

Report of Clinical Activities and Innovations:

Licensure and Certification:	
2005	Massachusetts Registered Physician
2008	American Board of Psychiatry and Neurology, Certified in General Psychiatry

2009	American Board of Psychiatry and Neurology, Certified in Child and Adolescent Psychiatry
2009	Buprenorphine Training/License
2022	Connecticut Registered Physician
2022	New York Registered Physician
2022	New Jersey Registered Physician
2022	New Hampshire Registered Physician
2022	Rhode Island Registered Physician
2023	Colorado Registered Physician
2023	Ohio Registered Physician
2023	Virginia Registered Physician
2023	Maryland Registered Physician
2023	Indiana Registered Physician
2023	Michigan Registered Physician
2023	Washington DC Registered Physician
2023	Pennsylvania Registered Physician
2023	Illinois Registered Physician
2024	Maine Registered Physician
2024	Montana Registered Physician

Practice Activities:		
2005-2007	Ambulatory Care: Addiction Psychiatry	West End Clinic, MGH
2005-2007	School Consultation	City on a Hill Charter High School and Andover School District
2006-2007	Ambulatory Care: Adolescent Dialectical Behavioral Therapy (DBT)	Two Brattle Center and MGH

2006-2007	Ambulatory Care: Eating Disorders Treatment	Eating Disorders Team, MGH
2008-2009	School Consultation	Seaport Campus, Charlestown, MA
2009-2013	Residential Care: Adolescent Dual Diagnosis treatment (mental health and substance abuse)	Adolescent Acute Residential Treatment (ART) and The Landing Program, McLean Hospital
2012-2016	School Consultation	Andover and Winchester School Districts, ad hoc evaluations for various school districts
2012-2016	Transitional Residential Treatment	3 East Cambridge Residence (Dialectical Behavioral Therapy (DBT)), McLean Hospital
2013-2016	Intensive Ambulatory Care	McLean Anxiety Mastery Program (MAMP), McLean Hospital
2016-2017	Intensive Ambulatory Care	McLean Child and Adolescent Outpatient Clinic, including MAMP and Adolescent Outpatient DBT program, McLean Hospital
2017-2021	Intensive Ambulatory Care and School Consultation	McLean Child and Adolescent Outpatient Clinic, including MAMP, Adolescent Outpatient DBT program and McLean School Consultation Service, McLean Hospital
2021-	Outpatient pediatric anxiety and OCD care	InStride Health MA PC

Clinical Innovations:	
Co-founder of The Landing at McLean Hospital (2010)	I co-built this short-term (six weeks) residential program to fill a clinical needs gap by offering treatment to adolescents struggling with substance use disorders and co-occurring mental health disorders (e.g., anxiety, depression, mood disorders). Along with the Program Director (Jessica Feinberg), with mentoring by Dr. Cynthia Kaplan, and support from clinical staff on the unit (including Kathryn Boger, PhD), I developed and implemented the business and clinical models for the program.
Co-founded the McLean Anxiety Mastery Program (MAMP) (2013)	MAMP is an innovative outpatient treatment program for pediatric anxiety disorders and OCD. MAMP is regarded as a national model for providing intensive,

evidence-based care for this patient population and draws patients from around the world. Our team has disseminated information about this model through journal articles, webinars, on-site trainings, and local, regional, and national talks. In addition, we have hosted conference calls and site-visits with regional colleagues who are looking to learn from and replicate our model.

Founded the McLean School Consultation Service (SCS) (2017)

The SCS is a unique consultation service with the mission to empower school districts to support the mental health needs of their students. The SCS began in 2017 with three school districts, expanded to nine school districts in year two, and in the 2020-2021 academic year is contracted with twelve school districts, one charter school, and one private school for a total of 57 schools (of note: all schools reached out to us asking for consultation through word-of-mouth recommendations or first-hand experience seeing our team in action at talks or with other districts). I have led our team in innovating through curriculum development and delivery (including a special curriculum in fall 2020 to address special needs related to COVID-19), and we continue to enhance our research infrastructure. We also have begun dissemination of our knowledge and experience through local and national talks and collaborative discussions with colleagues nationally.

Co-founded InStride Health MA PC

InStride Health is a technology-enhanced treatment program that provides insurance-based, evidence based treatment for children, teens, and young adults diagnosed with anxiety and OCD, particularly in the moderate to severe spectrum.

Report of Teaching and Education Innovations

Co-created a shared video conferencing lecture series for fellows at three unaffiliated Child and Adolescent Psychiatry Residency Training Programs (2017)	The default mode of providing didactic seminars for residents is for each training program to create their own courses, exclusively using faculty from their own institution, though not all child psychiatry departments across the country have enough concentrated expertise in every teaching area. I joined with faculty from NYU Langone Child Study Center, University of Vermont Medical Center, and MedStar Georgetown University Hospital and contributed to a shared 10-session seminar entitled “Positive Child Psychiatry and Wellness.” Each one-hour session was broadcasted live to trainees in the three programs via videoconference in the fall semester. A pre and post-course test was administered to assess the degree to which content was retained and influential. Based on feedback, this seminar was highly successful in delivering innovative content in a format that was able to draw upon the shared resources of multiple programs. Podcast recordings of our training sessions were recorded for asynchronous delivery of content to accommodate different didactic schedules for unaffiliated programs. We have presented this innovative approach at AADPRT (American Association of Directors of Psychiatric Residency Training).
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Report of Technological and Other Scientific Innovations

Directed implementation of telepsychiatry in the McLean Anxiety Mastery Program (MAMP) and McLean School Consultation Service (2017-2021)	This telepsychiatry implementation served as the sole pilot program for telepsychiatry at McLean Hospital, and our programs serve as a resource for colleagues looking to build this service in their clinics. As a result of this, I am part of the Outpatient Digital Health Workgroup under the umbrella of the Partners System Behavioral and Mental Health Initiative (mission: utilizing technology to expand access and enhance care for patients).
Co-directed implementation of a Virtual Reality Pilot in MAMP (2020-2021)	In collaboration with Daniel Gittins Stone, PhD (MAMP post-doc) and Katharyn Boger, PhD, ABPP, I helped design and am overseeing the implementation of Virtual Reality for Exposure Therapy with adolescents participating in the MAMP program. Due to COVID-19 related restrictions, this pilot was redesigned to be conducted fully virtually and has served as an additional engagement and treatment tool for adolescents struggling with anxiety disorders and OCD. In addition, I am consulting with several leaders from other McLean programs as they consider VR pilots for their patients.

Report of Education of Patients and Service to the Community

Those presentations below sponsored by outside entities are so noted and the sponsor(s) is (are) identified

2006	Parenting with the Brain in Mind / Presented at a Dedham School District Parent Night (Sponsored by Dedham Parent Teacher Organization (PTO))
2012	Interview for McPAP (MA Child Psychiatry Access Project) article: “Cannabis, A Danger to the Adolescent Brain – How Pediatricians Can Address Marijuana Use”
2014	Interview for Boston Parents’ Paper: “When Your Child is Troubled”

- 2014 Dialectical Behavioral Therapy in Schools / Presented to counseling staff in Andover School District, Andover, MA
- 2015 Building Better Brains in our Youth, Presented at a LexFUN Parent Night, Lexington, MA
- 2016-2017 Weekly Seminar: Evidence-Based Approach to Supporting Internalizing Students / Presented to counseling staff in Burlington School District (Sponsored by Burlington School District)
- 2016 Psychiatric Diagnosis in Children and Adolescents, Presented at Parent/Professional Advocacy League (PPAL) 6th Annual Conference and Celebration, Marlborough, MA
- 2016 Understanding and Addressing Student Anxiety in the Middle School Years / Professional Development training for all Dracut Middle School faculty and staff (Sponsored by Dracut School District)
- 2017 Multidisciplinary Collaboration: Supporting Anxious Children / Professional Development for Foxborough School District counseling staff (Sponsored by Foxborough School District)
- 2017 The Anxiety Epidemic: Focusing on What Works / Keynote for the Massachusetts Administrators for Special Education Conference, Worcester, MA (Sponsored by MA Administrators for Special Education)
- 2017 Promoting Student Mental Health / Presentation to Administrative Leadership team (including Superintendent) of Falmouth School District (Sponsored by Falmouth School District)
- 2018 Interview for Harvard Health Article: “Anxiety in Children”
- 2018 Interview for Self.com article: “Is there a Difference Between an Anxiety Attack and a Panic Attack?”
- 2018 Understanding and Managing Anxiety in the School Setting / Presentation to Foxborough School District counseling and special education staff, delivered via telehealth platform (Sponsored by Foxborough School District)
- 2018 School and Hospital Collaboration and Support of Student Mental Health / Panel Discussant at the 2018 MASC/MASS Joint Conference (MA Association of School Committees/MA Association of School Superintendents), Hyannis, MA
- 2019 Student Anxiety and Depression / Presented at Lincoln-Sudbury Tri-District School Committee Meeting (in-person and local television broadcast) (sponsored by Lincoln-Sudbury School District)
- 2019 Supporting Students with Social and Emotional Impairments / Keynote for Massachusetts Urban Project, a consortium of MA urban special education directors (Sponsored by MA Urban Project)
- 2019 Supporting Student Mental Health / Presentation to all teaching and counseling staff in Sandwich School District (Sponsored by Sandwich School District)
- 2023 Interview for Horizon Health article: Bullying: How It Happens and What You Can Do. Insight From a Child and Adolescent Psychiatrist

2023	Career Paths: Digital Health Start-ups Invited talk for Boston College Schiller Institute for Integrated Science & Technology Society Speaker Series/ Entrepreneurs for Social Impact Student Club
2023	https://www.verywellmind.com/why-do-people-with-social-anxiety-disorder-shake-3024886
2023	https://www.healthline.com/health/anxiety/adult-selective-mutism
2023	https://www.rtor.org/2023/08/30/back-to-school-for-children-with-anxiety-tips-for-parents/
2023	How To Steer Through Back-To-School-Stress: A Parent’s Guide Webinar co-hosted by Child Mind Institute, Fort Health, and InStride Health
2023	Supporting Your Child with Anxiety and/or OCD Q&A Public Webinar co-hosted by ADAA and InStride Health
2023	https://www.horizonhealthnews.com/bullying-how-it-happens-and-what-you-can-do-insight-from-a-child-and-adolescent-psychiatrist/
2023	The Many Faced of Pediatric Anxiety and OCD webinar, hosted by NJ Chapter of American Academy of Pediatrics (NJAAP)
2024	Innovations in Telemental Health panel, hosted in collaboration with NJAAP, InStride Health, Equip, and Fort Health
2024	Tackling the Youth Behavioral Health Crisis - Tailored Solutions to Improve Access, Engagement, and Outcomes, hosted Novawell virtual Lunch and Learn

Educational Material for Patients and the Community:			
2007	Police Training Videos: Approaching Adolescents with Mental Illness	Co-producer	Training videos used in Police Academies Nationally
2010	Brain Driver Curriculum	Co-author	Mental health curriculum integrated into middle school literature curriculum to be delivered by classroom teachers
2019	McLean School Consultation Service Skills Manual	Co-author	Mental Health Skills Training Manual for School Counselors and Special Education Staff

2019	McLean School Refusal Protocol	Co-author	Manual for School Counselors and Special Education Staff specifically geared to help support students who are not attending school due to emotional challenges
2020	Coping with COVID Handouts	Co-author	Handouts for School Staff and Parents providing tips and tools for supporting children and adolescents through COVID-related stress
2021	https://www.childrenshospital.org/managinganxiety		Educational video for parents of anxious children

Peer-Reviewed Scholarship in print or other media:

Research Investigations

1. **Potter MP**, Liu HY, Monuteaux MC, Henderson BA, Wozniak J, Wilens TE, Biederman J. Prescribing patterns for treatment of pediatric bipolar disorder in a specialty clinic. *J Child Adolesc Psychopharmacol*. 2009 Oct;19(5):529-38.
2. Boger KD, Sperling J, **Potter M**, Gallo K. Treatment overview of an intensive group outpatient Cognitive-Behavioral Therapy for youth anxiety disorders and Obsessive-Compulsive Disorder. *Evid Based Pract Child Adolesc Ment Health*. 2016 Sept;1(2-3):116-125.
3. Sperling, JS, Boger, KD, **Potter MP**. The impact of intensive treatment for pediatric anxiety and Obsessive-Compulsive Disorder on daily functioning. *Clin Child Psychol Psychiatry*. 2019;00(0):1-8.
4. Silveri, MM, Schuttenberg, EM, Schmandt, K, Stein, ER, Rieselbach, MM, Sternberg, A, Cohen-Gilbert, JE, Katz-Wise, SL, Urbano Blackford, J, Potter, AS, **Potter, MP**, Sarvey, DB, McWhinnie, CM, Feinberg, JE, & Boger, KD. Clinical Outcomes Following Acute Residential Psychiatric Treatment in Transgender and Gender Diverse Adolescents. *JAMA Network Open*. 2021; 4(6):e2113637. doi: 10.1001/jamanetworkopen.2021.13637
5. Sperling, JS, Boger, KD, **Potter, MP**. Associations between parental distress and pediatric anxiety and obsessive-compulsive disorder treatment outcomes. *Clinical Child Psychology and Psychiatry*. 2021, 0(0): 1-9.
6. Gittins Stone, D, **Potter, MP**, Trueba, AF, Boger, KD, Vahai, IV. Virtual Reality for Targeted and Personalized Augmentation of Late-Life Psychotherapy: Proof of Concept. *The American Journal of Geriatric Psychiatry*. In Press, available online October 30,2021

Other peer-reviewed scholarship

1. Bostic JQ, **Potter MP**, Prince JB. Elephants in the room: Weighing the benefits and risks of antidepressant treatment in children. *Child Adolesc Psychopharmacol News*. 2006;11(4):1-5.
2. **Potter M**, Moses A, Wozniak J. Alternative Treatments in pediatric bipolar disorder. *Child Adolesc Psychiatr Clin N Am*. 2009 Apr;18(2):483-514.
3. Liu HY, **Potter MP**, Woodworth KY, Yorks DM, Wozniak JR, Farone SV, Biederman JB. Pharmacologic treatments for pediatric bipolar disorder: A Review and Meta-Analysis. *J Am Acad Child Adolesc Psychiatry*. 2011 Aug;50(8):749-62.
4. Buxton D, **Potter MP**, Bostic JQ. Coping strategies for child bully-victims. *Psychiatr Ann*. 2013 March;43(3):101-105.
5. **Potter MP**, Buxton D, Bostic JQ. Coping strategies for child bully-victims. *Pediatr Ann*. 2013 April;42(4):57-61.
6. Bostic JQ, Thurau-Gray LT, **Potter M**, Drury SS. Policing the teen brain. *J Am Acad Child Adolesc Psychiatry*. 2014 Feb;53(2):127-9.
7. Benningfield M, **Potter M**, Bostic JQ. Social Emotional Learning and the brain. *Child Adolesc Psychiatr Clin N Am*. 2015 Apr;24(2):261-75.
8. Bostic JQ, Navarro J, Prince J, **Potter M**, Benningfield M, Aguirre B. Mindfulness programs in schools: developmentally sensitive programming. *Child Adolesc Psychiatr Clin N Am*. 2015 Apr;24(1):245-59.
9. Hosker DK, Elkins RM, **Potter MP**. Promoting mental health and wellness in youth through physical activity, nutrition, and sleep. *Child Adolesc Psychiatr Clin N Am*. 2019 Apr;28(2):171-193.

Non-peer-Reviewed Scholarship in print or other media:

Reviews, chapters, monographs and editorials

1. **Potter MP**, Bullitt E. The homework myth: why our kids get too much of a bad thing [book review]. *J Am Acad Child Adolesc Psychiatry*. 2007 Dec;46(12):1677-1678.
2. Aram S, Russell J, **Potter M**. Twilight [book review]. *J Am Acad Child Adolesc Psychiatry*. 2009 July;48(7):771-773.
3. **Potter, M**. Family experiences of Bipolar Disorder [book review]. *Arch of Womens Ment Health*. 2010;14(3):275-276.
4. **Potter M**, Hwang S, Bostic JQ. The abused student cornered: school bullying amidst trauma. In: Reece RM, Hanson RF, Sargent J, editors. *Treatment of child abuse: common ground for mental health, medical, and legal practitioners*. 2nd ed. Baltimore: John Hopkins University Press; 2014. p. 139-147.
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