

Curriculum Vitae

Name: Kathryn Dingman Boger, Ph.D., ABPP

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Place of Birth: Boston, MA

Education:

1997-2001	BA	Psychology	Williams College Williamstown, MA
2003-2009	PhD	Clinical Psychology	Boston University Boston, MA

Postdoctoral Training:

2009-2010	Postdoctoral Fellowship	Adolescent Acute Residential Treatment Program	McLean Hospital, Belmont, MA
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Faculty Academic Appointments:

2018-2021	Assistant Professor in Psychology	Psychiatry	Harvard Medical School
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Appointments at Hospitals/Affiliated Institutions:

Past

2000	Mental Health Specialist	Adolescent Residential Treatment (ART) Program	McLean Hospital
2004-2005	Psychology Extern	Child and Adolescent Program, Center for Anxiety and Related Disorders (CARD)	Boston University
2005-2006	Psychology Extern	Behavioral Medicine	Cambridge Health Alliance
2006-2008	Psychology Extern	Eating Disorders Program, CARD	Boston University
2007-2008	Neuropsychology Extern	Psychological Services Center	Boston University
2008-2009	Psychology Intern	Behavioral Health	May Institute
2010-2013	Assistant Psychologist	ART and Landing Programs	McLean Hospital
2013-2021	Assistant Psychologist	MAMP	McLean Hospital

2019-2020	Assistant Psychologist	McLean School Consultation Program	McLean Hospital
2021-2023	Senior Consultant	McLean Anxiety Mastery Program (MAMP)	McLean Hospital

Major Administrative Leadership Positions:

Local

2013-2021	Founder and Program Director, MAMP		McLean Hospital
2019-2020	Program Director, McLean School Consultation Program.		McLean Hospital
2021-	Co-Founder and Chief Clinical Officer		InStride Health

Committee Service:

Local

2004-2006	Student Life Organization	Boston University Class Representative	
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National

2016-2019	Practice Subcommittee, Member	Anxiety and Depression Association of America (ADAA)	
2018	Practice Subcommittee, Chair	ADAA	

Professional Societies:

2004-	Association for Behavioral and Cognitive Therapies		Member
2007-	American Psychological Association		Member
2008-2010	American Psychopathological Association		Member
2012-2013	American Academy of Addiction Psychiatry		Member
2015-	ADAA		Member

Honors and Prizes:

2001	Induction into Sigma Xi	The Scientific Research Society	Awarded in recognition of exceptional ability and promise for further contributions to the advancement of scientific research
2000, 2001	Scholar Athlete	Williams College	Awarded in recognition of strong academic and athletic performance

2002	Twenty-Five Years of Women's Athletics Prize	Williams College	Awarded at graduation to the student who exhibits "Leadership, enthusiasm, and commitment to Williams College athletics"
2018, 2024	Alies Muskin Career Development Leadership Program Mentor	ADAA	Awarded in recognition of expertise in mentoring future leaders in the field

Report of Funded and Unfunded Projects

Funding Information:

Past:

- 2011-2012 Building an Outcomes Assessment Infrastructure to Assess Dually Diagnosed Adolescents in the Acute Residential Treatment (ART) and Landing Programs at McLean Hospital
 Andrew P. Merrill Memorial Research Fellowship (\$15,000)
 Principal Investigator
Major goals: To test the feasibility of building an outcomes assessment infrastructure at McLean Hospital's ART and Landing programs by examining patient outcomes and predictors of outcome, and to use these data to inform clinical care.
- 2014-2021 Founding Director; mentor of and collaborator with the Principal Investigator, Jacqueline Sperling, Ph.D.
 Building an Outcomes Assessment Infrastructure to Assess Youth in the McLean Anxiety Mastery Program (MAMP) at McLean Hospital
 Major Goals: To develop an outcomes infrastructure in MAMP to examine whether patients in treatment show improvements from admission to discharge compared with patients on the waitlist and to determine whether these gains are maintained three months post-discharge.

Report of Local Teaching and Training

Teaching of Students in Courses:

Teaching of students prior to Harvard appointment

2003	Introduction to Psychology Undergraduates	Boston University Fall semester – Four one-hour weekly discussion sections
2007	Using Exposure Therapy to Treat Animal Phobias Doctoral practicum students	Cambridge Health Alliance One 1-hour lecture
2009	Cognitive-Behavioral Therapy (CBT) for Treatment of Mood and Anxiety Disorders in Youth Doctoral Interns	May Institute One 2-hour lecture

Teaching of students during Harvard appointment

2013-2019	CBT for Children and Adolescents: The Nuts and Bolts MAMP doctoral students	MAMP, McLean Hospital One 4-hour lecture per academic year
2013-2020	CBT for Children and Adolescents: Booster Training Sessions MAMP doctoral students	MAMP Brown Bag Series, McLean Hospital 5-10 one-hour lectures per academic year
2014	Intensive Treatments for Anxiety Disorders and Obsessive-Compulsive Disorders (OCD) in Youth MGH pre-doctoral interns	Child CBT Program, Massachusetts General Hospital (MGH) One 2-hour lecture
2015	Career Panel Symposium Doctoral practicum students	Boston University One 2-hour symposium
2016	Pediatric Anxiety Disorders Nursing students at MGH Institute of Health Professions	MGH One 3-hour lecture
2017	Maximizing Exposure and Response Prevention (ERP) for Pediatric Anxiety and OCD Doctoral practicum and social work students	Franciscan Hospital for Children One 2-hour lecture
2017	Intensive CBT for Anxiety and OCD Doctoral interns	May Institute One 2-hour lecture
2017-2020	Harvard Negotiation Workshop Harvard Law students	Harvard Law School 8 hours each Spring semester
2018	Exposure for Pediatric Anxiety and OCD Doctoral practicum and social work students	Franciscan Hospital for Children One 1-hour lecture

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs):

2013	The Use of Cue Exposure to Treat Adolescents in Residential Treatment for Dual Diagnoses Psychiatry Fellows	MGH One 2-hour lecture
2016-2020	How to Start a Program at McLean Postdoctoral Fellows	McLean Hospital One 1-hour lecture each academic year
2020	Exposure for Youth with Anxiety Post-Baccalaureate Clinical Fellowship	McLean Hospital One 1-hour lecture
2023	What I Did After My McLean Postdoc Postdoctoral Fellows	McLean Hospital One 1-hour lecture

Clinical Supervisory and Training Responsibilities:

Supervisory and training responsibilities prior to Harvard appointment

2007-2008 Boston University One hour per week
Supervision of doctoral student at
Psychological Services Center

Supervisory and training responsibilities during Harvard appointment

2013-2014 Individual clinical supervision of one Two hours per week
postdoctoral fellow and one doctoral
practicum student

2014-2015 Individual clinical supervision of one Three hours per week
postdoctoral fellow and two doctoral
practicum students

2015-2016 Group clinical supervision of three doctoral Two hours per week
practicum students and individual clinical
supervision of one doctoral practicum student

2016-2017 Individual clinical supervision of one One hour per week
doctoral practicum student

2017-2018 Individual clinical supervision of one One hour per week
postdoctoral fellow

Laboratory and Other Research Supervisory and Training Responsibilities:

2001-2003 Supervision of undergraduate Research Two hours per week
Assistant, Mood and Anxiety Disorders
Laboratory, Stanford University

2003-2008 Supervision of doctoral students in Two hours per week
conducting life stress interviews,
Family Development and Treatment
Laboratory, Boston University

Formally Mentored Harvard Medical, Dental and Graduate Students:

2016-2017 Jacqueline Hargrove, BA, Kathryn Cantrell, MA, Zan Barry, MA, Daniel Gittens-Stone,
MA, and Lindsey Sweitzer, BA / Doctoral practicum students at MAMP.
Accomplishment: Co-presented a poster titled "Preliminary Treatment Outcomes for a
Group-Based Intensive CBT Program for Youth with Anxiety and OCD" at the 2017
McLean Hospital Research Day.

2017-2018 Julia Martin Burch, PhD / Postdoctoral fellow at MAMP.
Accomplishment: Selected to participate in the Alies Muskin Career Development
Leadership Program through ADAA.

Other Mentored Trainees and Faculty:

- 2007-2008 Courtney Weiner, PhD / Clinical Director of the Child and Adolescent OCD, Tic, Trich, and Anxiety Group at the University of Pennsylvania School of Medicine.
Career stage: doctoral practicum student. Mentoring role: clinical supervisor.
Accomplishment: Promoted to current position of Clinical Director.
- 2013-2021 Jacqueline Sperling, PhD / Director of Training and Research, MAMP; Instructor, HMS.
Career stage: Staff psychologist. Mentoring role: clinical advisor. Accomplishments: presented at the Association for Behavioral and Cognitive Therapies; co-authored scholarship describing innovative program (Other peer-reviewed scholarship #3); promoted to Director of Training and Research at MAMP, McLean Hospital.
- 2014 Maria Fraire, PhD / Director of Clinical Services at McLean-Franciscan Child Community-Based Alternative Treatment Program
Career stage: Postdoctoral fellow. Mentoring role: clinical supervisor.
Accomplishments: promoted to current position of Director
- 2015-2017 Kaitlin Gallo, PhD / Private practitioner and supervisor at the MAMP; Instructor, HMS.
Career stage: Staff psychologist. Mentoring role: clinical advisor and Annual Career Conference (ACC) mentor. Accomplishments: presented at the Association for Behavioral and Cognitive Therapies; co-authored scholarship describing innovative program (Other peer-reviewed scholarship #3); selected to participate in the Alies Muskin Career Development Leadership Program through ADAA.
- 2015-2017 Priscilla Cheung, PhD / Staff Psychologist, Emerson College Counseling and Psychological Services Center; Instructor, HMS.
Career stage: Staff psychologist. Mentoring role: clinical advisor and ACC mentor.
Accomplishment: selected to participate in the Alies Muskin Career Development Leadership Program through ADAA.
- 2016-2017 Katherine Thorpe Blaha, PhD / Staff Psychologist, MAMP and the McLean Hospital School Consultation Program; Instructor, HMS.
Career stage: Staff psychologist. Mentoring role: clinical advisor and ACC mentor.
Accomplishments: Co-developed curriculum for the McLean Hospital School Consultation Program.
- 2017-2018 Miri Bar-Halpern, PsyD / Staff Psychologist, Adolescent Acute Residential Treatment Program, McLean Hospital; Instructor, HMS.
Career stage: Staff psychologist. Mentoring role: clinical advisor and ACC mentor.
Accomplishment: selected to design an innovative treatment model for traumatized youth to be piloted at McLean Hospital.
- 2017-19 Jarell Myers, PhD / Staff Psychologist, MAMP
Career stage: Staff Psychologist. Mentoring role: clinical advisor and ACC mentor.
Accomplishments: selected to participate in the Alies Muskin Career Development Leadership Program through ADAA.

2018-2020 Julia Martin Burch, PhD / Staff Psychologist, MAMP
Career stage: Staff Psychologist. Mentoring role: clinical advisor and ACC mentor.
Accomplishments: selected to be the Practice Subcommittee Chair of ADAA.

Formal Teaching of Peers (e.g., CME and other continuing education courses):

No presentations below were sponsored by outside entities

2016-2018	Advanced Negotiation Workshop: Difficult Conversations Business people and entrepreneurs	Harvard Negotiation Institute, Harvard University 8 hours each Spring semester
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Local Invited Presentations:

2014	Afraid to Be a Kid: Anxiety Disorders and Obsessive-Compulsive Disorder (OCD) in Youth. Invited speaker for the annual McLean Hospital National Council Round Table Discussion	
2015	How to Make ERP for Anxiety and OCD in Adolescents Engaging, Fun, and Effective Middle School Through College Mental Health and Education Annual Conference hosted by McLean Hospital	
2016	Enhancing Exposure Therapy in Pediatric Anxiety and OCD McLean Hospital Grand Rounds	
2016	Immobilized by Fear: The Anxiety Epidemic in Children and Adolescents. Invited speaker for the McLean Hospital Board of Visitors Round Table Discussion annual event	
2016	Anxiety and Depression in Young People: A New Model for Accelerating Recovery. Invited speaker and table host for the annual McLean Hospital National Council Round Table Discussion	
2017	Exposure and Response Prevention for Anxiety and OCD in Adolescents. Center for Early Detection, Assessment, and Response to Risk (CEDAR), Beth Israel Deaconess Medical Center	
2017	ERP for Pediatric Anxiety and OCD ART Program, McLean Hospital	
2017	CBT for Anxiety and OCD in Youth Student Summer Seminar Series, McLean Hospital	
2017	CBT for Pediatric Anxiety and Obsessive-Compulsive Disorder CEDAR, Beth Israel Deaconess Medical Center	
2017	Intensive CBT for Pediatric Anxiety and OCD Behavioral Medicine Department, Cambridge Health Alliance	

- 2018 McLean Anxiety Mastery Program: Treatment Outcomes and Research Collaborations
McLean Hospital Research Day Brief Communications, McLean Hospital
- 2018 Afraid to Be a Kid: The Anxiety Epidemic in Children and Adolescents
On Women's Minds Luncheon, McLean Hospital
- 2020 Cognitive-Behavioral Therapy for Pediatric Anxiety
Dedham High School mental health staff
- 2020 How Parents can Understand and Manage their Students' Anxiety
Town of Belmont Special Education Advisory Council
- 2022 Raising Brave Kids: Strategies for Parenting Kids who Have Anxiety
Weston Parent Teacher Organization
- 2024 Raising Brave Kids: Strategies for Parenting Children who Have Anxiety
Wayland Parent Teacher Organization
- 2024 Effectively Supporting Youth with Anxiety-Related School Refusal
Massachusetts School Counselor Association annual conference

Report of Regional, National and International Invited Teaching and Presentations

No presentations below were sponsored by outside entities

Regional

- 2016 Managing our Anxiety about Student Anxiety
National Association of Student Personnel Administrators (NASPA) Student Affairs in
Higher Education Region 1 Annual Conference. Burlington, VT
- 2022 Panel: How do we Address the Mental Health of Youths?
Future of Mental Healthcare: East Summit, Boston, MA
- 2022 A New Approach to Care for Kids and Teens with Anxiety and OCD
Neuropsychology & Educational Services for Children and Adolescents (NESCA), NH

National

- 2016 Group-based CBT for anxious youth (as part of a symposium on Advances in Intensive
Cognitive Behavioral Therapy for Anxious Youth)
ADAA annual conference, Philadelphia, PA.
- 2017 Managing our Anxiety about Student Anxiety.
Studentaffairs.com webinar. (<https://www.studentaffairs.com/Webinars/managing-our-anxiety-about-student-anxiety/>)
- 2017 Anxiety Disorders and Student Conduct
Association for Student Conduct Administration (ASCA) webinar.

- 2018 Student Anxiety & Its Negative Impact on Retention: Strategies To Support, Respond and Refer
Innovative Educators webinar
- 2019 Treatment of Anxiety Disorders in Adolescents: CBT, ERP & Medications: Master Class
Independent Educational Consultants Association (IECA) bi-annual meeting, Atlanta, GA.
- 2020 Predictors of Outcome in Group-Based Intensive CBT for Youth with Anxiety and
Obsessive-Compulsive Disorder (as part of a symposium on Who Gets the Most Bang for
their Buck? Predictors of intensive treatment response for youth anxiety and related
disorders)
ADAA annual conference, held virtually due to COVID-19
- 2022 Student Anxiety & Its Negative Impact on Retention: Strategies to Support, Respond and
Refer
Innovative Educators webinar
- 2023 Supporting Your Child with Anxiety and/or OCD
ADAA Webinar
- 2024 Innovations in Telehealth Exposure Therapy: Expanding Boundaries for Clinical Success
ADAA annual conference, Boston, MA

Report of Clinical Activities and Innovations

Current Licensure and Certification:

- 2010 Licensed healthcare provider, Commonwealth of Massachusetts
- 2016 Certification, Clinical Child and Adolescent Psychology
American Board of Professional Psychology (ABPP)

Practice Activities:

2004-2005	Ambulatory Care	Child and Adolescent Mood and Anxiety Disorders Treatment Center for Anxiety and Related Disorders, Boston University	Ten hours per week
2005-2006	Ambulatory Care	Adult Behavioral Medicine Cambridge Health Alliance	Twenty hours per week
2006-2008	Ambulatory Care	Eating Disorders Program, Center for Anxiety and Related Disorders, Boston University	Ten hours per week
2007-2008	Ambulatory Testing	Psychological Assessment Services Center, Boston University	Five hours per week

2008-2009	Ambulatory Care	May Behavioral Health, May Institute internship	Ten hours per week
2008-2009	School Counseling	English High School	Ten hours per week
2008-2009	Ambulatory and Day Treatment	May Counseling Center, May Institute	Twenty hours per week
2009-2013	Residential Care	Adolescent Acute Residential Treatment (ART) and The Landing Program, McLean Hospital	Twenty-four to forty hours per week
2013-2021	Intensive Ambulatory Care	McLean Anxiety Mastery Program, McLean Hospital	Forty hours per week
2021-	Intensive Ambulatory Care	InStride Health, MA PC	Forty hours per week

Clinical Innovations:

- 2009-2013 Developed and implemented an infrastructure to measure treatment outcomes to examine treatment efficacy and inform clinical care at McLean’s ART and Landing Programs.
- 2013-2021 Developed and established the McLean Anxiety Mastery Program (MAMP), an innovative and unique outpatient treatment program for pediatric anxiety and OCD that is viewed as a regional leader in providing intensive, evidence-based care for this population and that draws patients from around the world. Disseminated information about this model through journal articles, webinars, on-site trainings, and local, regional, and national talks.

Report of Education of Patients and Service to the Community

No presentations below were sponsored by outside entities

Activities

- 2005 The Application of Cognitive-Behavioral Therapy to Treat Anxiety Disorders in Youth. Presentation to Newton South High School students on Mental Health Awareness Day.
- 2014 The Application of Cognitive-Behavioral Therapy to Treat Anxiety Disorders in Adolescents. Presentation to Belmont School District school counselors and support staff.
- 2014 Using Cognitive-Behavioral Therapy Strategies in a School Setting. Presentation to Andover School District school counselors and support staff.
- 2017 Finding Relief from the Stresses of School and Life
Arlington High School Wellness Day

Educational Material for Patients and the Lay Community:

Books, monographs, articles and presentations in other media (e.g., video and websites, movies, television and radio) that educate the public about medicine, health or biomedical sciences

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| 2015 | To push or not to push: How to help your child deal with the inevitable stressors of life | Blog post /McLean Hospital website.
Reposted on Huff Post | https://www.huffingtonpost.com/mclean-hospital/to-push-or-not-to-push-ho_b_14770836.html |
| 2017 | How to talk about anxiety in children and adolescents | Blog post /McLean Hospital website.
Reposted on Huff Post | https://www.huffingtonpost.com/entry/how-to-talk-about-anxiety-in-children-and-adolescents_us_5953a573e4b0326c0a8d0c94 |
| 2017 | Addressing the pediatric anxiety epidemic: A new approach to treatment. | TEDx Blurring the Lines between Disciplines
WalthamEd Event, Gann Academy, Waltham, MA | https://www.youtube.com/watch?v=w4FJ8XFqnPs |
| 2023 | <i>Step by Step</i> | Children's book published by Magination Press about facing fears and being brave | |

Report of Scholarship

Peer-Reviewed Scholarship in print or other media:

Research Investigations

1. **Dingman Boger K**, Tompson MC, Briggs-Gowan MJ, Pavlis L, Carter AC. Parental expressed emotion toward children: Prediction from early family functioning. *Journal of Family Psychology*. 2008;22(5):784-788.
2. Tompson M, Pierre C, **Dingman Boger K**, Mckowen J, Chan P, Freed. Maternal depression, maternal expressed emotion, and child psychopathology. *Journal of Abnormal Child Psychology*. 2010;38(1):105-117.
3. **Dingman Boger K**, Luiselli JK. Treatment of co-occurring obsessive compulsive disorder and social phobia through exposure/response prevention and cognitive behavioral therapy. *Clinical Case Studies*. 2010;9(2):125-134.
4. **Boger KD**, Auerbach RP, Pechtel P, Busch A, Greenfield SF, Pizzagalli D. Co-occurring depressive and substance use disorders in adolescents: An examination of reward responsiveness during treatment. *Journal of Psychotherapy Integration*. 2014;24(2): 109-121.
5. Sperling, JS, **Boger, KD**, Potter, MP. The impact of intensive treatment for pediatric anxiety and obsessive-compulsive disorder on daily functioning. *Clinical Child Psychology and Psychiatry*. 2019;00(0):1-8.

6. Silveri, MM, Schuttenberg, EM, Schmandt, K, Stein, ER, Rieselbach, MM, Sternberg, A, Cohen-Gilbert, JE, Katz-Wise, SL, Urbano Blackford, J, Potter, AS, Potter, MP, Sarvey, DB, McWhinnie, CM, Feinberg, JE, & **Boger, KD**. Clinical outcomes following acute residential psychiatric treatment in transgender and gender diverse adolescents. *JAMA Network Open*. 2021; 4(6):e2113637. doi: 10.1001/jamanetworkopen.2021.13637
7. Sperling, JS, **Boger, KD**, Potter, MP. Associations between parental distress and pediatric anxiety and obsessive-compulsive disorder treatment outcomes. *Clinical Child Psychology and Psychiatry*. 2021; 26(4): 1102-1110.
8. Gittins Stone, D.I., Potter, M.P., Trueba, A.F., **Boger, K.D.**, Vahia, I.V. Virtual reality for targeted and personalized augmentation of late-life psychotherapy: Proof of concept. *The American Journal of Geriatric Psychiatry*. 2021; S1064-7481(21)00521-2. doi: 10.1016/j.jagp.2021.10.012.
9. Gittins Stone, D.I., Elkins, M.R., Gardner, M., **Boger, K.**, & Sperling, J. Examining the effectiveness of an intensive telemental health treatment for pediatric anxiety and OCD during the COVID-19 pandemic and pediatric mental health crisis. *Child Psychiatry and Human Development*. 2023; <https://doi.org/10.1007/s10578-023-01500-5>.

Other peer-reviewed scholarship

1. Freed R, Chan P, **Boger, K**, Tompson, MC. Enhancing maternal depression recognition in health care settings: A review of strategies to improve detection, reduce barriers and reach mothers in need. *Families, Systems, and Health*. 2012; 30(1):1-18. (review)
2. Tompson MC, **Boger KD**, Asarnow JR. Enhancing the developmental appropriateness of treatment for depression in youth: Integrating the family in treatment. *Child Psychiatric Clinics of North America*. 2012;21(2):345-384. (review)
3. **Boger KD**, Sperling J, Potter M, Gallo K (2016). Treatment overview of an intensive group outpatient cognitive-behavioral therapy for youth with anxiety disorders and obsessive-compulsive disorder. *Evidence-Based Practice in Child & Adolescent Mental Health*. 2016;1(2-3):116-125. (commentary)
4. **Boger KD**. An innovative model of treatment for pediatric anxiety. *Impact: The Journal of the Center for Interdisciplinary Teaching and Learning*. 2018 Jan;7(1):18-21. (commentary)

Non-peer reviewed scholarship in print or other media:

Reviews, chapters, monographs and editorials

1. Tompson, MC, **Dingman Boger K** (2008). Treatment strategies for depression in youth. In Matson, JL, Andrasik, F, Matson, ML, editors. *Treating Childhood Psychopathology and Developmental Disabilities*. New York: Springer Science & Business Media; 2008. p. 221-252.

Clinical Guidelines and Reports:

1. **Boger K** (2010). Integrated treatment for co-occurring substance abuse and psychiatric disorders in adolescents. 119-page integrated manual *Cognitive-Behavioral Therapy for dually diagnosed adolescents*, components of which are being used in treatment groups at the ART Program at McLean Hospital.
2. **Boger K**, Sperling J (2013) MAMP treatment manual. 72-page CBT manual used with children and adolescents with anxiety and/or OCD who are participating in the McLean Anxiety Mastery Program.

Thesis:

Maternal expressed emotion in early childhood: stability and predictive utility in a community sample. (unpublished).

Abstracts, Poster Presentations and Exhibits Presented at Professional Meetings:

1. Cooney, R.C., Champion, J.E., **Dingman, K.**, & Gotlib, I.H. (October 2002). Ruminative Response Style and Remission from Depression. Poster session accepted for the Society for Research in Psychopathology annual conference.
2. **Dingman, K.**, Tompson, M., Pavlis, L., Carter, A.C. (November 2005). Family Stress Variables as Predictors of Expressed Emotion. Poster session accepted for the Association for Behavioral and Cognitive Therapies annual conference.
3. Pavlis, L.E., Tompson, M., **Dingman, K.**, & Carter, A.C. (November 2006). Expressed Emotion and Children's Perceptions of Parent-Child Relationships. Poster session accepted for the Association for Behavioral and Cognitive Therapies annual conference.
4. Tompson, M.C., Pierre, C., **Dingman, K.**, Mckowen, J., Chan, P. (June 2007). Maternal Depression, Maternal Expressed Emotion, and Youth Psychopathology. Poster session accepted for the International Society for Research in Child and Adolescent Psychopathology annual conference.
5. McKowen, J., **Dingman Boger, K.**, Freed, R., Chan, P., Pierre, C., & Tompson, M. (March 2008). Social support as a buffer to youth depression: Do perceptions of support moderate the relationship between life stress, negative cognitions, and depressive symptoms? Poster session accepted for the American Psychopathological Association.
6. Freed, R., Pierre, C., Chan, P., **Dingman Boger, K.**, McKowen, J., & Tompson, M. (March 2008). Parental Locus of Control: Predictions from Maternal Depression, Maternal Expressed Emotion, and Child Symptoms. Poster session accepted for the American Psychopathological Association.
7. Pierre, C. B., Chan, P. T., McKowen, J. W., **Boger, K. D.**, Freed, R. F. & Tompson, M. C. (March 2008). Maternal depression and expressed emotion in the prediction of child attachment cognitions and youth depressive symptoms. Poster session accepted for the American Psychopathological Association.
8. McKowen, J., **Dingman Boger, K.**, Chan, P., Freed, R., Pierre, C., & Tompson, M. (June 2009). Predictors of life stress sensitivity in children. Poster session accepted for the International Society for Research in Child and Adolescent Psychopathology (ISRCAP).
9. **Dingman Boger, K.**, Tompson, M.C., Briggs-Gowan, M., & Carter, A.S. (November 2009). Maternal expressed emotion in early childhood: Stability and predictive utility in a community sample. Poster session accepted for the Association for Behavioral and Cognitive Therapies annual conference.
10. Baranek, A., Huber Callahn, E., **Dingman Boger, K.**, Harrington, C., & Luiselli, J. (May 2011). Using Interviewee Feedback to Evaluate and Modify an Interview Process. Poster session accepted for the Association for Behavioral Analysis International annual conference.

11. **Boger, K.**, Carlson, A., Potter, M., Auerbach, R., Bigda-Peyton, J., Kaplan, C., & Rodolico. (January 2011). Fifteen-Year Trends of Substance Use in Dually Diagnosed Adolescents Admitted to the Adolescent Residential Treatment (ART) Program at McLean Hospital. Poster session accepted for the McLean Hospital Research Day.
12. Bigda-Peyton, J.S., Auerbach, R.P., **Boger, K.D.**, Kertz, S.J., & Rodolico, J. (November 2011). Parental and Adolescent Substance Use: A Social Developmental Model. Poster session accepted for the Association for Behavioral and Cognitive Therapies annual conference.
13. **Boger, K.**, McWhinnie, C. Potter, M., Kaplan, C., Rodolico, J., Pechtel, P., Thornton, C., Sternberg, A., Busch, A., Greenfield, S., & Auerbach, R.P. (January 2012). Assessing Outcomes for Dually Diagnosed Adolescents and Adults in the Acute Residential Treatment (ART) Program and Landing Program at McLean Hospital. Poster session accepted for the McLean Hospital Research Day.
14. **Boger, K.D.**, Sternberg, A., Gardiner, C., Auerbach, R.P., Pechtel, P., Potter, M., Kaplan, C., McWhinnie, C., Van der Feen, J., Pizzagalli, D.A., Busch, A.B., & Greenfield, S. (November 2012) Reward Learning and Symptom Change in Dually Diagnosed Adolescents. Poster session accepted for the Association for Behavioral and Cognitive Therapies annual conference.
15. **Boger, K.D.**, Sternberg, A., Gardiner, C., Pechtel, P., Auerbach, R.P., Potter, M., Kaplan, C., Van der Feen, J., Rodolico, J., Pizzagalli, D.A., Busch, A.B., & Greenfield, S.F. (December 2012). Reward Learning and Anhedonia as a Function of Gender in Dually Diagnosed Adolescents in Residential Treatment. Poster session accepted for the American Academy of Addiction Psychiatry annual conference.
16. Kuriakose, S., **Boger, K.D.**, Auerbach, R.P., Sternberg, A., Feinberg, J., Parekh, R., Rodolico, J., Kaplan, C., Gold, J., Greenfield, S.F., & Busch, A.B. (April 2013). Outcomes for Dually Diagnosed Adolescents in Short-term and Extended Residential Treatment. Poster session accepted for the Harvard Medical School Department of Psychiatry Research Day.
17. Stein, E., Parekh, R., Martowski, J., **Boger, K.D.**, Sternberg, A., Feinberg, J., & Rodolico, J. (April 2013). The Feasibility of Using Autobiographical Narratives in Adolescent Dual Diagnosis Residential Treatment. Poster session accepted for the Harvard Medical School Department of Psychiatry Research Day.
18. Martowski, J., Parekh, R., Stein, E., Feinberg, J., Sternberg, A., Rodolico, J., & **Boger, K.D.** (April 2013). Cue Exposure Therapy plus Coping Skills Training: Case Study of a Dually Diagnosed Adolescent in Residential Treatment. Poster session accepted for the Harvard Medical School Department of Psychiatry Research Day.
19. Sternberg, A., Cohen-Gilbert, J., Rodolico, J., Kaplan, C., Parekh, R., **Boger, K.D.**, McWhinnie, C., & Silveri, M.M. (March 2014). Influence of Marijuana and Depression on Inhibitory Control during Emotional Distraction in Dually Diagnosed Adolescents. Poster session accepted for the Eastern Psychological Association annual conference.
20. Sternberg, A., Cohen-Gilbert, J.E., Rodolico, J., Kaplan, C., Parekh, R., **Boger, K.D.**, McWhinnie, C., Silveri, M.M. (May, 2014). Influence of Suicidality on Inhibitory Control during Emotional Distraction in Dually Diagnosed Adolescents Before and After Treatment. Poster session accepted for the Society of Biological Psychiatry annual conference.

21. Cohen-Gilbert, J., Sternberg, A., Sims, G., Rodolico, J., Kaplan, C., Parekh, R., **Boger, K.D.**, McWhinnie, C., & Silveri, M. (March, 2014). Impulsivity During Emotional Distraction in Adolescents With Substance Use Disorders and Co-morbid Depression or ADHD. Poster session accepted for the Society for Research in Child Development biennial conference.
22. Stein, E., Cohen-Gilbert, J., Sternberg, A., Sims, G., Rodolico, J., Kaplan, C., Parekh, R., **Boger, K.D.**, McWhinnie, C., & Silveri, M. (January, 2015). Impulsivity During Emotional Distraction in Dually Diagnosed Adolescents With Substance Use Disorders and Co-morbid Depression or ADHD. Poster session accepted for the McLean Hospital Research Day.
23. Sweitzer, L.H., Hargrove, J.G., Bowman, C., Gittins Stone, D., Barry, S., Gallo, K.P. & **Boger, K.D.** (January, 2017). Preliminary Treatment Outcomes for a Group-Based Intensive CBT Program for Youth with Anxiety and OCD. Poster session accepted for the McLean Hospital Research Day.