

## **ABOUT INSTRIDE HEALTH**

Co-founded by the clinicians who co-developed the McLean Anxiety Mastery Program (MAMP) at McLean Hospital, the nationally recognized program for children and adolescents with moderate to severe anxiety and OCD, InStride Health offers human first, technology-enhanced specialty mental health treatment. Through their proven coordinated care model, InStride is leading the way to provide insurance-based access to treatment of pediatric anxiety and OCD that actually works. Driven by the belief that children and families living with mental health struggles deserve better, InStride is more than a continuum of care—it's a pathway to a healthier life and hope for a more promising future. www.instride.health.